

High School Players Classes: \$1,150 Players will be placed on courts according to their ability. ** Upon request, FRC will prorate the tuition of those students leaving to play on their high school teams in mid-February.

___ Monday 3:00-4:30	All Levels	___ Thursday 3:00-4:30	All Levels
___ Tuesday 3:00-4:30	All Levels	___ Friday 3:00-4:30	All Levels
___ Tuesday 4:00-5:30	All Levels	___ Saturday 12:30-2:00	All Levels
___ Wed. 3:00-4:30	All Levels	___ Saturday 3:30-5:00	All Levels

\$290 deposit for each tennis class: Number of Tennis classes ___ X \$290 = ___(C)

Challenger Classes: \$1440 1.5 hours of on court tennis instruction and drills, preceded by 1/2 hour of dynamic warm up and followed by 1/2 hour of fitness/footwork training. **Challenger classes are for junior players competing at the Mid-Atlantic Challenger level or higher, and must be approved prior to enrollment. Minimum enrollment is two classes.**

___ Monday 4:00-6:30	Challenger	___ Thursday 4:00-6:30	Challenger
___ Tuesday 4:00-6:30	Challenger	___ Friday 4:00-6:30	Challenger
___ Wed. 4:00-6:30	Challenger	___ Sunday 4:30-7:00	Challenger

\$350 deposit for each tennis class: Number of Tennis classes ___ X \$350 = ___(E)

Championship Classes: \$1620 1.5 hours of instruction followed by 1 hour of fitness/footwork training. **Must be approved prior to enrollment. Minimum enrollment is three classes.**

___ Monday 3:00-5:30 ___ Tuesday 3:00-5:30 ___ Wednesday 3:00-5:30
 ___ Thursday 3:00-5:30 ___ Friday 3:00-5:30 ___ Saturday 8:00-10:00 (Two hours of on court instruction without fitness)

\$405 deposit for each tennis class: Number of Tennis classes ___ X \$405 = ___(F)

Name _____ Age _____ Level _____ Birth Date ____ \ ____ \ ____

Address _____

City _____ St. _____ Zip _____ email _____

Phone H (____) _____ W (____) _____ Cell (____) _____

(A) _____ +(B) _____ +(C) _____ +(D) _____ +(E) _____ +(F) _____ = Total Deposit \$ _____

Payment method: CHECK _____ CASH _____ MASTER CARD _____ VISA _____

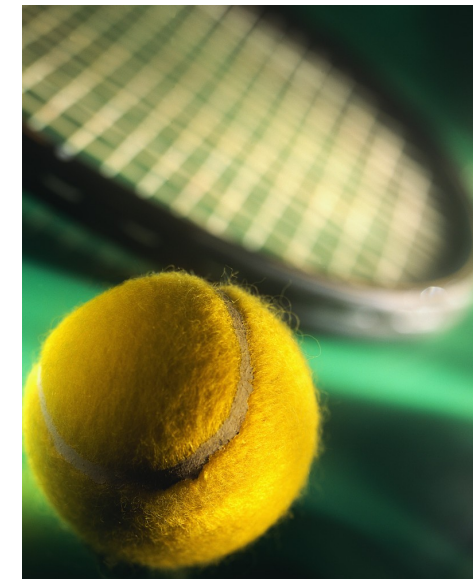
Credit Card # _____ Expiration date _____

Parent's Name (print) _____ Signature _____

Class Schedule 2011-2012

September 12-June 17 36 weeks

There will be no classes:
 Nov. 22-27 (Tues.-Sun.),
 Dec. 19-Jan. 1 (Mon.-Sun.),
 April 2-8 (Mon.-Sun.)
 and
 Mon., May 28.



GENERAL INFORMATION

Enrollment is for the entire 36 week program (or the total number of weeks remaining at time of enrollment). Missed days may be made up in classes at the same level. There can be no refunds for classes missed. If you must drop a class for any reason, you will receive a refund only if a paid replacement is found. If you have questions about any of these classes or you wish to enroll by phone then you can contact Member Services at:

703-273-9276

or

memberservices@fairfaxracquetclub.com

FAIRFAX RACQUET CLUB

JUNIOR TENNIS PROGRAM

SEPT. 12 - JUNE 17

2011-2012

703 273-9276
www.fairfaxracquetclub.com

Fairfax Racquet Club's Junior Program offers classes for beginner to nationally ranked players ages 4-18. A variety of classes are offered everyday so juniors can easily find a class that fits their schedule and ability. FRC's program allows juniors to enroll in multiple classes.

Description of Classes

Skills Development Classes

Quick Start: An introduction to tennis for children up to 10 years old which utilizes a progression of court sizes and modified equipment. This approach allows students to perform advanced stroke technique and rally at an earlier age. (As of January 2011, this is recognized as the USTA official regulation for 10 and under tennis.)

Beginner: Instruction will focus on modern stroke production including proper grips and footwork. Along with ground strokes, students will also be introduced to volleys and service mechanics. Students will work toward advanced techniques in a graduated method while having fun.

Intermediate: Along with improving stroke mechanics, this level focuses on the development of rallying skills. Students will learn how to initiate and control a rally. Tennis related games, important to the foundation of tennis development, will be utilized in developing a player's ability to adjust to different play situations.

Advanced Intermediate: This level continues to work on the same skills as the intermediate classes and introduces the basics of offense and defense in singles and doubles. Ball control and situational drills are used to develop a strong foundation for competitive play.

Team Practice Classes

Intermediate Team: Practice is on a full court and introduces the basics of offense and defense in singles and doubles. Ball control and situational drills are used to develop a student's ability to form a strong foundation for competitive play.

Advanced Team: This level focuses on advanced singles and doubles situations in competitive play. Advanced drills will emphasize movement and decision making in point development. It is mandatory that students enrolled in this class are regularly competing in USTA play.

High School Classes

High School classes will be open to high school-age juniors of all levels. Players in these classes will be assigned to courts based on their skills and therefore can enroll in any of the High School classes and will be placed with players of similar level.

Tournament Classes

The tournament program is only for the more serious junior player and provides preparation for ranked players who regularly compete in USTA tournaments. In addition the program requires players to have refined racquet skills, strong mental discipline, good conditioning and clear understanding of the situational play.

Challenger: These classes are a combination of 1.5 hours of on court tennis instruction and drills, preceded by 1/2 hour of dynamic warm up and followed by 1/2 hour of fitness/footwork training. **Players at this level must be approved to enroll and are required to enroll in a minimum of two classes.**

Championship: These classes are a combination of one and a half hours of on-court tennis instruction and drills, followed by one hour of fitness/footwork training. **Players at this level must be approved to enroll and are required to enroll in a minimum of three classes.**

2011-12 Fall/Winter/Spring Junior Application

Please check the tennis classes you wish to enroll in on the front and back of this application and fill out the information below. Return the entire application to FRC along with the first payment for each class enrolled. If you are enrolling for more than one class, please indicate the total due at the bottom of the next page. **The remaining balance for each class will be made in three equal payments due on Oct. 31st, Dec. 31st, and Feb. 28th.** A free t-shirt is included with enrollment.

Skills Development Classes: \$1,080 (For 8th grade and younger), One hour classes \$720

___ Monday	3:30-4:30	QuickStart Ages 4-8	___ Friday	4:30-6:00	QuickStart to Int.
___ Monday	3:30-4:30	Beg. to Int. Ages 8-12	___ Saturday	11:00-12:00	QuickStart Ages 4-8
___ Monday	4:30-6:00	QuickStart to Int.	___ Saturday	12:00-1:00	QuickStart Ages 4-8
___ Tuesday	1:00-2:00	QuickStart Ages 4-5	___ Saturday	1:00-2:00	QuickStart Ages 4-8
___ Tuesday	4:30-6:00	QuickStart to Int.	___ Saturday	11:00-12:30	Beginner to Int.
___ Wednesday	4:30-6:00	QuickStart to Int.	___ Saturday	12:30-2:00	Intermediate- Adv Int.
___ Thursday	4:30-6:00	QuickStart to Int.	___ Saturday	2:00-3:30	Beginner to Int.
___ Friday	1:00-2:00	QuickStart Ages 4-5	___ Sunday	4:00-5:30	QuickStart to Int.

\$270 deposit for each tennis class: Number of Tennis classes _____ X \$270 = _____(A)

FRC's USTA Junior Tennis Teams

These classes are for juniors interested in playing competitive matches on Friday nights, Saturdays and/or Sundays. Each team will consist of six players. The team practice price includes the USTA league fee, which includes indoor court time and balls. Players enrolling at this level are expected to participate on an FRC USTA Junior Team and also must be members of the USTA. USTA junior membership is \$19/year. Join the USTA at usta.com. Teams will be captained by parent volunteers.

Team Practice(s): \$1,390 for 1st class, \$1,080 for each additional class

___ Monday	4:30-6:00	12 & under adv.	___ Friday	4:30-6:00	12 & 14 under adv.
___ Tuesday	4:30-6:00	12 & 14 & under adv int	___ Saturday	11:00-12:30	12 & 14 & under adv
___ Wednesday	4:30-6:00	14 & under adv.	___ Saturday	2:30-4:00	12 & 14 & under int.
___ Thursday	4:30-6:00	12 & 14 & under int.			

Junior Team player's USTA # _____

I volunteer to captain my child's junior team _____

\$350 deposit for each tennis class: Number of Tennis classes _____ X \$350 = _____(B)