



2020 Summer High Performance Tennis Camp

At Fairfax High School

Cost: \$215 for the week; \$60 drop-in; Full-Summer: \$1900

Camp Calendar:

Please mark which weeks you will attend

- _____ Week 1: June 15 – June 19
- _____ Week 2: June 22 – June 26
- _____ Week 3: June 29 – July 3
- _____ Week 4: July 6 – July 10
- _____ Week 5: July 13 – July 17
- _____ Week 6: July 20 – July 24
- _____ Week 7: July 27 – July 31
- _____ Week 8: Aug 3 – Aug 7
- _____ Week 9: Aug 10 – Aug 14
- _____ Week 10: Aug 17 – Aug 21

About: The High-Performance Camp is an approval-based camp that provides a focused and competitive training environment for motivated players looking to improve their tennis to play at highly competitive levels. Each week of camp will emphasize technical skill development, shot selection and point construction, singles and doubles match-play, and fitness/conditioning. To participate in the High-Performance Camp, players must sign-up for a **minimum of 5 weeks**. Additional drop-in days are optional, however further full week participation is encouraged to maximize player development.

Camp will be held in two sessions- **Morning** for players in the **Orange** and **Green** ball levels and **Afternoon** for players in the **Yellow** ball level. Daily drills and practice will be tailored to fit the skill level and needs of the group. Friday morning will be a point/match-play focused session with all groups playing at the same time.

Groups and Schedule:

Monday - Thursday	8:30 am	-	11:30 am	Orange and Green Ball group:
	12:30 pm	-	4:00 pm	Yellow Ball group
Friday	8:30 am	-	12:00 pm	All Groups

Enrollment space is limited and all participants must have Director approval to register.

Camper's Name: _____ Age: _____

Parent's Name _____ Email _____

Address _____ City _____ State _____ Zip _____

Parent's Phone: (H) _____ (W) _____ (C) _____

Payment Method: Check ___ Cash ___ MasterCard ___ Visa ___

Credit Card # _____ Expiration Date _____ CVV _____

Parent's Signature _____ Summer 2020